Health & Welfare Compliance Solutions



ERISA Wrap Documents & Summary Plan Descriptions	 A Wrap Plan ensures health and welfare benefit plans are in full compliance with ERISA It consolidates multiple plans for easier Form 5500 filing A Wrap Plan provides an ERISA-compliant Summary Plan Description (SPD), required for distribution to plan participants by federal law
CDHP & Cafeteria Plan Documents	 Need new or updated plan documents? We've got you covered on: Premium Only Plans (POP), FSA, HRA, DCAP, or Transit Plans Documents Amendments to stay compliant with ERISA and Healthcare Reform
Form 5500 Filing & SAR	 Complete Form 5500 preparation for Health and Welfare Plans—let us handle the paperwork! Includes Summary Annual Report (SAR) to keep your plans compliant Expert preparation and consulting services for delinquent filings
Nondiscrimination Testing	 Annual nondiscrimination testing as recommended by the IRS Covers Sections 125, 129, and 105(h) plans Comprehensive testing for Premium Only Plans, FSA, HRA, DCAP, and Self-Funded medical plans
HIPAA Privacy Policies & Training	 HIPAA Privacy Policies required for self-funded medical plans Annual training for employees to meet compliance standards Medcom's HIPAA Privacy Policy and Training prepares employers for compliance with this far-reaching law Protect your business as audits and enforcement increase
Compliance Checklist Call	Get answers and guidance from a compliance expert. Includes a written Executive Summary detailing our findings and guidance.
Document Check-Up	A concise, written analysis of key provisions in your SPDs, certificates of coverage, Wrap and Cafeteria Plans, stop-loss policy (if applicable), employee handbook, and enrollment materials, designed to identify any coverage gaps.
Required Notices Packet	 Simplifies benefits notice distribution and helps employers meet legal documentation requirements Includes a distribution guide, notice explanations, and clear information on employee benefit rights Covers required notices not issued by insurers or TPAs Customizable notices using up-to-date, compliant templates

Contact Us



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