



Lifestyle Account

The **Medcom Lifestyle Account** is a benefit offered by your employer to help you and your family live an active and healthy lifestyle while saving you money. The funds provided by your employers cover health and wellness services or products.

All full-time employees working 30 hours or more per week are eligible for the Lifestyle Account.

What does it cover?

(May include, but not limited to)

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|---|-------------------------|--|-------------------------|
|  | Exercise clothing/shoes |  | Nutritionist fees |
|  | Gym memberships |  | Massages/spa treatments |
|  | Exercise equipment |  | Health coaching |
|  | Fitness trackers |  | Fitness classes |

For more information about YOUR plan, contact: medcomreceipts@medcombenefits.com